

Неделя:

Домашние дела

Важное

ПН ВТ СР ЧТ ПТ СБ ВС

- чистка зубов утром
- уборка кровати
- уроки
- чтение книги 15 мин
- порядок в комнате, на столе
- приготовить одежду на завтра
- собрать рюкзак на завтра
- игры 1 час
- чистка зубов вечером

отмечай сделанные дела кружочком. Добавь к списку свои домашние дела, хобби, занятия, тренировки.

Планы на следующую неделю

Handwriting practice area with a grid and dashed lines. It contains six large rounded rectangular boxes arranged in a 3x2 grid. Each box has a dashed border and a dotted grid inside. A red arrow points to the top-left box, a purple arrow to the top-right box, a yellow arrow to the middle-left box, and a teal arrow to the bottom-right box. Each box has a smaller rounded rectangular box at the top for a title.

Weekly checklist area with seven vertical columns representing the days of the week (ПН, ВТ, СР, ЧТ, ПТ, СБ, ВС). Each column has a colored header and a vertical line extending downwards. The tasks from the list are aligned with these lines.

Important events area with a 3x2 grid of rounded rectangular boxes. Each box has a dashed border and a dotted grid inside. A blue sticky note is attached to the top-left box, a yellow one to the middle-right box, a teal one to the bottom-left box, and a pink one to the bottom-right box. There are also icons of a purple roll of tape and a white piece of paper with wavy lines.

